

## Osage+Monastery

18701 W. Monastery Road  
Sand Springs, OK 74063

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Tucked away in the rolling hills of Eastern Oklahoma, Osage+Monastery offers a monastic ashram experience for those seeking solitude and spiritual renewal. Retreatants can engage in contemplative prayer underneath the canopy of a centuries-old crosstimber forest. The monastery, also known as the Forest of Peace, is staffed by Benedictine Sisters of Perpetual Adoration. The

members there try to live their Benedictine life in the context of Ashram spirituality – that is, in the recognition of the Divine Presence in the whole cosmos and in the center of their own being.

There are six cabins at the monastery, plus one hermitage equipped with a kitchenette. There are several opportunities for contemplative sitting with the sisters and other retreatants in the chapel throughout the day. Retreatants can choose how much they wish to participate in daily life with the sisters.

